

2004 MIAC Outdoor Track & Field Awards

May 12, 2004

Women

Angie Pfeiffer of Concordia and **Kristal Grigsby** of St. Thomas, were selected MIAC Women's Most Outstanding Track Athlete and Most Outstanding Field Athlete, respectively for their performances at the outdoor championship May 7-8. Pfeiffer was a triple champion with wins in the 200, 400, and 1600m relay. She has qualified for NCAA nationals in the 100, 200, 400 meter dashes, and in the 1600m relay. Grigsby, a double champion in the jumps winning both the high and triple jump, and was second in the long jump will look to compete in all three events at the national meet, May 27-29 at Millikin University, Decatur, Ill. Her performance in the high jump tied the meet record.

The award for MIAC Women's Most Outstanding Performance also went to Pfeiffer of Concordia for her meet record performance in the 400-meter dash. Other receiving top MIAC votes included Cassie Funke of Carleton (1st/3000m steeplechase, 1st/10,000m) and Kristin Peterson of Gustavus (1st/discus, 2nd/hammer).

Men

Matt Hooley of Carleton and **Peter Cathcart** of St. Olaf were selected MIAC Men's Most Outstanding Track and Field Athletes, respectively. Hooley was a triple champion in the 1500, 5,000, and 10,000m runs. He has qualified for the NCAA championships in both the 1500 and 5,000m runs. Cathcart placed first in the shot put with an NCAA provisional mark, was third in the discus, and sixth in the hammer throw.

The award for MIAC Men's Most Outstanding Performance went to **Carson Glad** of St. Thomas for his meet record performance in the 400-meter dash with a time of 47.15. Glad was a double champion in the 200 and 400m dashes, and has qualified for the NCAA's in 100, 200, 400, and 1600m relay. Will Salle of Hamline (1st/high jump, 1st/110 hurdles, 1st/400 hurdles) also received high votes in for all three MIAC awards.

MEET HIGHLIGHTS

The MIAC Indoor Track & Field Championship was held May 7-8 at St. Olaf College. St. Thomas men's track and field team held off Saint John's to win the team crown to continue their team championship streak, while the Concordia women pulled off an upset to win their second conference championship in the past five years. They last won the title in 1999. They are the only team other than St. Thomas to win the title since 1985.

MIAC TRACK & FIELD COACHES OF THE YEAR

Marv Roeske of Concordia and **Tim Miles** of Saint John's were selected women's and men's MIAC Outdoor Coaches of the Year respectively. Roeske's Cobbers claimed the team championship. Last year the Cobbers placed fourth with 88 points. Miles' Johnnies finished second with 188 points, up from 148.5 points a year ago in 2003.